

# Kids:

- Stock up on simple supplies that can be used for different activities: pompoms, googly eyes, paper rolls, dot markers
- Bring the outside in! Snow, a water table and bubbles are all great to use in a bathtub or walk-in shower.
- Freeze toys: we love to freeze trays of water outside and let our toys “ice skate”. “Ice rescue” (freeze toys or pompoms in ice cubes and let kids use tools and water to chip/melt) and ice painting are other great ways to harness the elements.
- Two medium investments we get a lot of use out of: a projector and a tent! We set up cozy movie parties and watch on the wall in a different room, or project big coloring sheets on to the wall. We also have a small tent that I get double the mileage out of for any activity- coloring inside it, reading, listening to kid friendly podcasts and stories.
- Trade toys, art supplies, puzzles and games with a neighbor! Even if you don’t have the energy for a playdate, this is a fun way to refresh your stash of entertainment.
- Stock up on change before the storm! We are majorly into “making money” in our house, and extra chores can fill a lot of time and benefit everyone.
- Creative use of screen time: If you’ve exhausted your shows and movies, we love to do yoga, ballet and trampoline exercise “classes” on YouTube. I also love to put on videos of roller coasters (look up “roller coaster POV”) and horse galloping videos (find a pretend horse and do the running/jumps) to add some excitement and motion.
- Lean into slumber parties, sleeping bags and co-sleeping for warmth and whimsy.